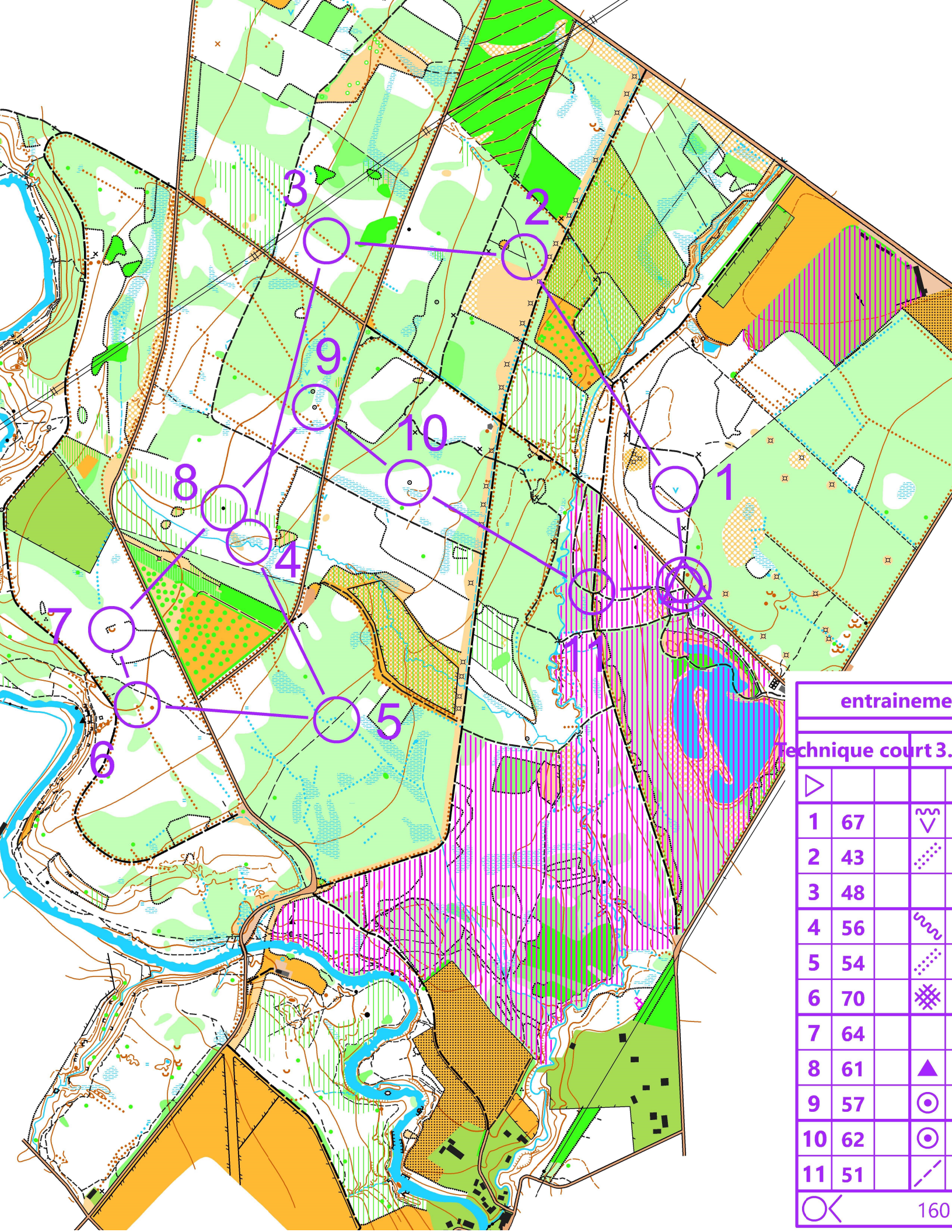




entraînement			
Technique court 3.			
▷			
1	67		▽
2	43		▤
3	48		
4	56		〰
5	54		▤
6	70		▨
7	64		
8	61		▲
9	57		◎
10	62		◎
11	51		↗
○	✂		160